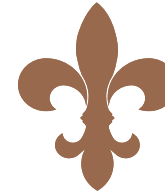


TRAVEL COMPANY



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ULTIMA  SPA



ULTIMA SPA BY LA PRAIRIE

With over 800m², the Ultima Spa offers unequaled standards:
a concentrate of luxury and technology. The invitation to a world of well-being... The Ultima Spa, a blend of luxury, high-end equipment and world-class experts!

- Hammam
- Sauna
- Indoor and outdoor Jacuzzi
- Swimming pool (15 meters)
- 6 treatment and massage rooms, 1 double cabin
- Detox bar
- Gym

For external guests, the Ultima Spa by La Prairie is open daily from 9:00am until 9:00pm at CHF 185.- and on reservation.

Cancellations or rescheduling of appointments less than 24 hours prior to the reserved appointment are subject to a 100% cancellation charge.

la prairie
SWITZERLAND



la prairie
SWITZERLAND

AN ETERNAL QUEST FOR TIMELESS BEAUTY

It all began in Montreux, Switzerland, beneath the majestic summits of the alps. This historic land by the ancient shores of Lake Léman was home to the Clinique La Prairie. There, a brilliant doctor believed that science would one day unlock the secret of eternal youth. After years of research, he found a way to restore and prolong health and vitality. His ideas were revolutionary and unconventional, yet so effective that they became a cult secret, whispered about in the circles of nobility, royalty and celebrity. The Clinique La Prairie became a pristine sanctuary of rejuvenation, a place where time stood still. Experience this promise of timeless beauty in our exquisite The Art of Beauty treatments. Discover our exclusive state-of-the-art Swiss Cellular Skincare, unique treatment methods and tailored massage techniques.



FACIAL TREATMENTS

ULTIMATE REJUVENATING PLATINUM FACIAL [90 minutes] (CHF 420)

From the anti-aging experts at La Prairie comes a new head-to-toe treatment with infusions of pure platinum to provide the ultimate rejuvenation and provide a sense of well-being. Two therapists are present to pamper your skin using the high performance Platinum Collection. Incorporating an exclusive facial along with a hand and foot ritual, it will leave you feeling hydrated, glowing and completely rejuvenated.

REVITALIZING AND PERFECTING RADIANCE FACIAL

[90 minutes] [60 minutes] (CHF 250 / CHF 185)

La Prairie's gold standard for anti-aging. The pure golden drops of Cellular Radiance Concentrate Pure Gold visibly revitalizes and perfects the skin. Gentle heat and the selected masks help to enhance the penetration of precious Pure Gold serum, making the skin look smoother and feel radiant and vibrantly alive.

WHITE CAVIAR BRIGHTENING AND FIRMING FACIAL

[90 minutes] [60 minutes] (CHF 250 / CHF 185)

Elegance and efficacy combined, this facial promotes an even skin tone by helping to prevent discoloration and brightening the skin. With the added benefit of the Golden Caviar extracts the skin is firmer and more hydrated. Providing a more illuminated, smoother skin that enhances the complexion.

CAVIAR LIFTING AND FIRMING FACIAL [90 minutes] [60 minutes] (CHF 250 / CHF 220)

Pure luxury that instantly lifts and firms skin, giving it a more perfect tone and texture. Caviar pearls and a Caviar infused face and eye massage transform even the duller complexions into radiant, luminous skin. A lifting and firming, results driven treatment, for all skin types, providing moisture rich hydration, essential nutrients and nourishment, leaving the skin, firmed, toned and silky soft.

FACIAL TREATMENTS

CAVIAR INSTANT LIFT FACIAL [45 minutes] (CHF 165)

Perfection in less than an hour! Designed for men and women on the run, this facial immerses you in a beautiful “bubble”. A cranial massage improves circulation and gives you a feeling of wonderful renewal, relaxation and radiance. You will be ready to face another hectic day or a night on the town.

CELLULAR SWISS ICE CRYSTAL AGE-DEFYING FACIAL

[90 minutes] [60 minutes] (CHF 235 / CHF 185)

Our skin needs moisture, energy and protection. It must be nourished and cared for. Taking into account the needs of our skin, La Prairie have developed this facial to combat the first signs of aging encourage younger looking skin, bursting with moisture and vital energy. Incorporating an exquisite eye and face massage using clear and rose quartz crystals will leave you feeling completely relaxed.

SWISS CELLULAR ANTI-AGING FACIAL [90 minutes] [60 minutes] (CHF 235 / CHF 185)

With the incredible anti-wrinkle power of the Anti-Aging Collection, this facial helps to smooth and plump the appearance of fine lines and wrinkles. Incorporating the La Prairie signature face and eye massages, you will be left feeling completely relaxed and your skin will glow brighter and look younger and healthier.

LA PRAIRIE'S SIGNATURE FACIAL [90 minutes] [60 minutes] (CHF 235 / CHF 185)

Our expert aesthetician will discuss with you your skincare needs and then analyze and perform an exquisite facial to achieve the highest results. Whether you are in need of the most dramatic results for dehydrated, stressed and fatigued skin or if you are looking smooth out fine lines and wrinkles, each product will be hand-picked to target your main concerns, allowing the skin to glow brighter and look younger and healthier.





FACE AND BODY TREATMENTS

SWISS BLISS TREATMENT [180 minutes] (CHF 420)

A three-hour “dream” experience that suspends time! Using techniques based on a true synergy between face and body and drawing on principles of the iconic Skin Caviar which lifts and firms, this special program simultaneously “works” the entire body – from scalp to toes – producing a sensation of total relaxation and well-being.

BODY TREATMENTS

DIAMOND PERFECTION BODY TREATMENT [90 minutes] (CHF 280)

In this skin transforming, top to toe treatment, La Prairie’s Cellular Mineral Body Exfoliator polishes your skin with diamond and amethyst powders. In a luxurious finale, Skin Caviar Luxe Cream Body Soufflé is lavished all over your superbly retexturized body.

LA PRAIRIE’S CAVIAR MASSAGE [60 minutes] (CHF 185)

The La Prairie luxurious signature Caviar massage is enhanced with the benefits of Skin Caviar to lift and firm the skin. Complete relaxation and pampering is waiting...

LA PRAIRIE’S HOT STONE THERAPY [90 minutes] [60 minutes] (CHF 250 / CHF 185)

A totally unique way to use Mother Earth with various types and sizes of stones allowing you to feel cradled and protected. Providing deep relaxation to muscles allowing the stress and tension to melt away.

♂ LA PRAIRIE’S SIGNATURE GENTLEMEN’S FACIAL

[90 minutes] [60 minutes] (CHF 235 / CHF 185)

Instantly cleanses, energizes and conditions skin. The balance of the skin seems to be renewed and restored, helping to return the skin back to normal. La Prairie’s exclusive Cellular Complex and Cellular 3-Minute Peel combine to bio-energize the skin and eliminate congestion and skin impurities to reveal younger, fresher-looking skin.





SPA MASSAGES

SKIN REGIMEN EXPRESS CARE [30 minutes] (CHF 95)

A complete approach to prevent first signs of ageing.

BODY STRATEGIST SLIMMING [60 minutes] (CHF 195)

Complete and targeted treatments to refine the appearance of both edematous and adipose cellulite. A unique combination of specific ingredients, which slim and sculpt the figure.

NEW MUM [60 minutes] (CHF 195)

Strengthening, toning and regenerating treatment. Devotes close attention to the bust and stretch marks.

BUST AND DECOLLETE [60 minutes] (CHF 195)

A strengthening, toning and renewing treatment, which restores the delicate bust skin's elasticity. Nourishes and hydrates the skin, while preventing stretch marks (old and new ones). The skin recovers its flexibility and elasticity.

SACRED NATURE BODY [60 minutes] (CHF 220)

Fully certified organic, anti-aging and DNA protective treatment. Detoxifies, nourishes and protects the skin thanks to an enveloping and relaxing ritual.

AROMASOUL SCRUB [45 minutes] (CHF 180)

Regenerating and nourishing treatment for a soft and hydrated skin.

Choice of essential oil blends.

AROMASOUL ELEMENTS MASSAGE [60 minutes] (CHF 220)

A unique massage ritual that takes you on a journey through four distinct worlds: the exotic orient, the warmth of the Mediterranean, the vibrant world of India, or the ancient cultures of desert tribes. Choice of essential oil blends.

AROMASOUL SCRUB + ELEMENTS MASSAGE [90 minutes] (CHF 365)

+ **ORIENTAL BLEND:** Jasmine, ylang-ylang, vanilla and mimosa essential oils. Soothing, calming and anti-stress. Provides the body, spirit and soul a sense of peace and tranquillity.

+ **MEDITERRANEAN BLEND:** Basil, bergamot, orange, lemon and oregano essential oils. Purifying and draining. Revitalizes and improves the spirit...

+ **INDIAN BLEND:** Patchouli, cinnamon, bergamot, nutmeg, elemi, cedar wood, lavender and black pepper essential oils. Detoxifies, improves the circulation, relaxes the body and lifts the spirit.

+ **ARABIAN BLEND:** Vetiver, lemon, cedar wood, labdanum essential oils. Tones the body, relieves muscular ache, gives a sense of strength and belonging to the earth.

TRANQUILLITY SIGNATURE MASSAGE [60 minutes] (CHF 250)

Beautiful textures, aromatic olfactory notes and the power of touch transform this treatment into a unique and sensorial ritual for a sense of plenitude and well-being.

HOT STONE MASSAGE [60 minutes] (CHF 220)

This deeply soothing and sensorial treatment relieves muscular ache, activates the metabolism and helps relaxing the tissues.

TIBETAN SOUND MASSAGE [75 minutes] (CHF 260)

This ritual improves the vitality, relieves psychophysical tensions as well as muscular and articular aches, helps removing toxins from the body, reduces anxiety and stimulates a restorative sleep.



BEAUTE

MANICURES & PEDICURES

Spa manicure or pedicure	50 min	CHF	90
Spa manicure or pedicure and varnish	60 min	CHF	105
Spa express manicure or pedicure	25 min	CHF	45
Nail gel color	60 min	CHF	150
Nails gel color French manicure	60 min	CHF	170
Filling		CHF	70
Nail repair		CHF	10-15

WAXING

Full leg waxing	CHF 180
Half leg waxing	CHF 120
Back or chest	CHF 110
Underarm waxing	CHF 80
Classic bikini	CHF 80
Arm waxing	CHF 70
Eyebrows, lips or chin	CHF 50

TINTING

Eyebrown tint	CHF 60
Eyebrown and eyelash tint	CHF 110

PERSONAL TRAINER

A personal trainer is at your disposal on reservation only [60 minutes] (CHF 150)

