

*“It is natural to be tired;
it is abnormal to remain so...”*

Your health and well-being are our main concern.

At Montreux, on the shores of Lake Geneva

Medical Centre for Revitalization

The natural surroundings, the microclimate and the first-class medical staff make BIOTONUS CLINIQUE BON PORT an outstanding destination for revitalization of body and soul.

We offers a specialized approach to stress, extreme fatigue, burn-out and problems connected with ageing. After a thorough medical check-up, our physicians suggest a specific, individualized treatment.

The Climate

The fresh air, surrounding the mountains, blends with the warm air from the lake to create the famous mild Montreux microclimate.

The Exceptional Location

The choice of the location was not made at random. Montreux is a unique resort particularly indicated for people suffering from different age- or stress-related disturbances, in search of better health and vitality. BIOTONUS CLINIQUE BON PORT is located within a beautiful Edwardian-style hotel, directly on the shores of the Lake Geneva, facing the magnificent French Alps.

First-class Medical Care

BIOTONUS CLINIQUE BON PORT offers state of the art medical care, carefully individually conceived for each patient. The therapies and techniques at our disposal are the fruit of prolonged research, resulting in our unique concept of Diagnosis - Prevention - Treatment.

Professional Support and Assistance - For Your Health and Well-being

Your health and well-being are our main concern. Competent, highly qualified physicians and nursing staff will take you in charge. BIOTONUS CLINIQUE BON PORT sees itself as a professional, attentive, personalized clinic managed by people who really care. During your stay we assure an atmosphere of warmth, care and discretion.

“Genetically, man is programmed to reach the age of one hundred years, but he must be given the facilities to survive to this age.”
C. F. Rossel

Our Treatments

We propose two different original and complementary methods of revitalization. Alone or combined, they offer our patients the best possible results.

A Revitalization according to THE BIOTONUS METHOD

Based on the most recent research, our products show a strong effect upon the anti-ageing process by reinforcing and stimulating the immune system. This totally natural treatment proves to have beneficial effects upon certain degenerative diseases such as rheumatism and arthritis, metabolic and cardiovascular diseases, chronic respiratory infections, digestive and urogenital disorders. By stimulating the endocrine system, they help to regulate hormonal disorders such as the menopause and the andropause as well as osteoporosis. The treatment revitalizes the whole organism and stimulates the biological resistance to cancer as well as the immunity system.

This treatment is particularly efficient against the diseases of civilization: stress and its consequences, as well as chronic fatigue linked to physical and psychological exhaustion.

Duration of treatment : 4 nights / 5 days, including full medical check-up.

A Revitalization according to PROFESSOR ASLAN METHOD

The Aslan treatment was developed in the sixties by Professor Ana Aslan. This treatment improves the blood circulation and the cellular oxygenation, is effective in the prophylaxis of ageing at molecular level and chronic degenerative ailments. It has a positive effect upon states of depression, fatigue, deterioration of memory and concentration, also on skin and hair aspect, muscular tonus and articulations mobility. In the whole, the patient begins to show improvement in both physical and mental well-being.

Duration of treatment: 9 nights / 10 days with full medical check-up

From our carefully selected treatments, our experienced and competent physicians will help you choose the best revitalization program:

- for organic deficiencies we recommend the Biotonus method
- for stimulation of the cellular metabolism we recommend the Aslan method

Furthermore we use specific active principles. By stimulating the cellular metabolism they have a protective effect against stress, fatigue, burn-out and problems of ageing.