

# **STRESS REDUCTION PROGRAM**

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BIOTONUS CLINIQUE BON PORT is located on the shores of Lake Geneva in a haven of greenery, flowers, peace and quietness. All our spacious rooms have a south-facing balcony with a magnificent panoramic view over the Alps.

### 1. Cost of treatment

The set price per person **for 7 days and 6 nights is CHF 6'600.-**. Accomodation, full board, nursing care, medical visits, nutrition program, selected personalized body cares (Spa-Jet, massages, hydromassages, relaxation treatments) and physical exercises are included in this rate.

External consultants fees, medications and specific treatments are charged extra.

The rate for an accompanying person, sharing the patient's room, is **CHF 200.-** per night including breakfast.

The rates for accompanying person(s) in separate room(s) are :

- single room : CHF 290.- per night, with breakfast

- double room : CHF 330.- per night, with breakfast.

Rate for meals, lunch or dinner : CHF 55.-

Junior Suite : supplement CHF 200.- per night

Suites and Miami Junior Suites : supplement of CHF 600.- or CHF 800.- per night. New Suite Executive : supplement of CHF 1'500.- per night.

# 2. Complete check-up

The stress reduction program is only undertaken after a complete medical check-up at BIOTONUS CLINIQUE BON PORT, which includes :

- a medical consultation (medical history and complete clinical examination)
- laboratory analyses
- tumoral markers tests
- radiology examinations (thorax, upper and lower spine)
- cardiology (ECG)
- morpho-nutritional analysis
- upper and lower abdominal ultrasonography

### Price : CHF 3'100.-.

This check-up also includes a nutritional evaluation and an examination of the different stress-causing factors. If the physician proposes any further medical examinations and in agreement with the patient, these tests will be billed separately.









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#### 4. Treatment

The medical treatment generally calls in a support therapy combined with a personalized relaxation program specially conceived by Biotonus Clinique Bon Port : body cares (SpaJet, massages, hydromassages), physical training (work-out, individualized exercises programs) yoga sessions and beauty cares.

This program is progressive and every patient can participate regardless of his or her actual condition.

Option: acupuncture.

In order to obtain the best possible results, a two-week stay is recommended.

### 4. General conditions

Hospitalization at BIOTONUS CLINIQUE BON PORT usually begin on Sunday evening, but whenever possible, we can welcome you on the day of your choice.

In order to guarantee the best possible service, we kindly ask you for a deposit of CHF 15'000.- per person. The balance of payment will be settled upon leaving the clinic.

Residents of countries with currency restrictions: on request we can send a proforma invoice for direct transfer by the bank.





